

SMOOTHIE MENU

SMOOTHIES

16 oz \$7

OJ Frost

orange juice, orange sherbet, vanilla frozen yogurt

Berry Berry Tart

strawberries, blueberries, raspberries, lemonade, apple juice, vanilla frozen yogurt

Springtime Dreamer

strawberries, raspberries, orange juice, vanilla frozen yogurt, orange sherbet

Post-Workout Power Up

pineapple, banana, ginger, almond milk, vanilla frozen yogurt

Red, White & Blue

strawberries, blueberries, banana, almond milk, ice

Choco Berry Blaster

strawberries, chocolate whey protein, almond milk, ice

Banana Blaster

banana, vanilla whey protein, almond milk, ice

Green Smoothie

baby spinach, green grapes, banana, ginger, apple juice, ice

Pack Attack

baby spinach, wheatgrass, mango, banana, pineapple juice, ice

Chunky Monkey

banana, chocolate, peanut butter, almond milk, vanilla frozen yogurt

SMOOTHIE BOOSTERS

Energy ginseng & vitamin B	\$1
Power plant/whey protein & vitamin B12	\$1.75
Immunity zinc & vitamin C	\$1
vanilla or chocolate whey protein	\$1.50
milk, zinc, vitamin B or vitamin C	\$1

CAFE MENU

COFFEE

Extra Espresso Shot \$0.50

Milk Substitutes \$0.50

Flavor Shot \$0.50

Latte **12 oz \$2.95** **20 oz \$3.75**

Iced Latte **16oz \$3.50**

Chai Latte **12 oz \$3** **20 oz \$4**

Iced Chai Latte **16oz \$3.25**

Mocha **12 oz \$3** **20 oz \$4**

Iced Mocha **16oz \$3.25**

Americano **12 oz \$2.50** **20 oz \$3**

Red Eye **12 oz \$2.95** **20 oz \$3.50**

Whipped Coffee **20 oz \$4**